

Celebration of International Day of Yoga on 21st June, 2020

“Ghar Ghar mein Yog” or “Yoga at Home, Yoga with Family”

The International Yoga day was celebrated by the staff of ICAR-NBAIR on 21st June 2020. Yoga was practiced by all at their respective homes for 45 minutes starting at 7.00 am in the morning. For the past three years the Scientists and staff are practicing yoga every day. Here are some of the highlights of the celebrations.







